



The Signal

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Colebrook Academy

February 3, 2016

Colebrook Academy's School Newspaper Returns For Another Semester

Welcome back to *The Signal*, Colebrook Academy's student-created newspaper, which was started in 2014 with the goal of informing the student body on events and new topics in our school. The Journalism Class, consisting of Morgan Ducret, Taylor Siewierski, and Amelia Sweatt, is aiming to publish a new issue every two weeks. The issues will be sent to all students and faculty through Google Drive, and will also be available on the school website.

Articles will cover a wide variety of subjects that are of interest to or may affect students and staff. The Signal will also feature the lunch menus, meeting dates, puzzles, and recipes. If you have breaking news, event information, or a topic you feel needs to be addressed, please contact Mr. Stebbins or go to his room during 1st period.

Quote of the Week

If you cannot do great things, do small things in a great way.

Sophomores to Host Semi Formal

- By: Morgan Ducret

The Semi Formal dance will take place on February 19th at the Colebrook Elementary Cafeteria from 7-10 pm. This year, due to several changes with the Prom, Sophomores decided to step in and host the dance. Previously it was a Junior responsibility, but now that they are helping the Seniors with the Prom, the Juniors don't have the time or the money to manage Semi.

Price for admission will be \$6 for singles and \$9 for couples. To date, the projected chaperones are Mr. Fiorentino and Ms. Gaeb. It is expected that the students will conduct themselves according to high standards of class and etiquette.

Where Is This?



Prom 2016 Quickly Approaching, Theme Decided

- By: Amelia Sweatt

The first Prom committee meeting was held on January 25, 2016 to discuss multiple topics for this year's Prom. Subjects such as theme, location, color scheme, and music were discussed.

There is no determined location for Prom as of yet, but the theme and colors were finalized. The theme that was agreed upon was Masquerade, while the colors are gold and black.

Driver's Education Has Begun for the Spring Session

- By: Amelia Sweatt

The first class for the spring session of Driver's Education began on Tuesday, January 19, 2016. For students who are interested in joining the program, there are some criteria that need to be met. New students must have at least six credits and be at least fifteen and a half years old. The fee for this year's course is \$675.00

Winter Carnival Is Coming! Friday February 19. Bring warm clothes!

CA Basketball Advances Into Second Half of Season

- By: Taylor Siewierski

As of January 22nd, both Mohawk basketball teams passed the halfway mark of their 2015- 2016 season. The CA boys currently hold the 10th position in the standings with a record of five wins and five losses, though their last couple of losses were moderately close in points.

The CA girls are currently in 8th place, with a record of 7 wins and 4 losses. Both team's positions in the standings may be altered by the upcoming games.

Take a trip to WMRHS gym tonight, as the CA boys and girls face Division 3 White Mountains Regional.

HOT LUNCH

Feb. 3- Feb. 5

- Wed.- Chipotle Chicken
- Thurs.- Taco Bar
- Fri.- BBQ Pork Sandwich

Feb. 8-- Feb. 12

- Mon.-Beef Nachos
- Tues.-Spaghetti w/ Meat Sauce
- Weds.-Cheesy Breadsticks
- Thurs.-French Toast Sticks
- Fri.-Chicken Nuggets

Feb.15- Feb.16.

- Mon.-Grilled Ham & Cheese Sandwich
- Tues.-Volcanic Meatloaf
- Weds.- Baked Potato Bar



Review for *Star Wars: The Force Awakens*

-By: Amelia Sweatt

Finally, the long-awaited release of the new Star Wars movie, *Star Wars: The Force Awakens*, had made it to the North Country. For being the newest movie of the Star Wars franchise, credit is deserved for a job well done, especially with all of the anticipation for its release. This movie certainly did keep me on the edge of my seat and had me holding my breath at times. Expecting to be blown away by special effects, sound, and storyline, viewers were not disappointed. There were, however, a few minor issues. Creating a bigger version of the Death Star does not scream originality to me. The death of a major character was also predictable. All in all, the return to the Star Wars saga was done very well, and hopefully future movies will continue to measure up.

Meeting Dates

Card Game Club: Tuesdays from 3-4 p.m. in Ms. Williams's Room

Quiz Bowl: Mondays at 6p.m. and Fridays at 3p.m. in Mr. Hurley's Room

Key Club: Every Wednesday at 7p.m. in the Colebrook Academy Cafeteria

School Board: Tuesday February 9th, 2016 at 7 p.m. in the Colebrook Elementary School Library

Student Council: Friday February 5th, during both lunch and advisories

Consumer Science Club: Tuesday February 16th at 3 p.m. in Mrs. Brooks's Room (please submit Valentine's Day -themed recipes to Mrs. Brooks by Friday February 12th.

Recipe of the Week

Chicken-Broccoli Shells and Cheese

Provided by Morgan Ducret

Homemade, lightened-up shells and cheese, tossed with chicken and broccoli florets.

Serves 4

Ingredients

8-ounces medium shells pasta, uncooked

3 cups broccoli florets

3 tablespoons olive oil

4 chicken breast halves, cut into 1-inch pieces

salt and fresh ground pepper, to taste

1 cup skim milk

1 cup chicken broth

¼ cup all-purpose flour

salt and fresh ground pepper, to taste

⅛ teaspoon chili powder

1 cup shredded cheddar cheese



Instructions

Cook pasta according to the directions on the box.

Add broccoli florets to the pasta during the last 2 minutes of cooking.

Drain and set aside.

In the meantime, prepare the chicken.

Heat olive oil in a large skillet over medium-high heat.

Add chicken and season with salt and pepper.

Cook for 4 to 6 minutes, or until browned.

In a mixing bowl, whisk together the milk, chicken broth, and flour.

Add salt, pepper, and chili powder; whisk until well combined.

Stir the milk mixture into the pan with the chicken.

Cook 2 to 3 minutes or until sauce is thickened.

Add pasta mixture and cheddar cheese; stir until cheese is melted and continue to cook for 2 to 3 minutes, or until heated through.

Remove from heat.

Let stand 2 to 3 minutes.

Stir and Serve.

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Mohawks' Basketball

Feb. 3: **AWAY** vs. White Mtns.

Bus: 4:05 Girls- 5:30 Boys- 7:00

Feb. 6: **HOME** vs. Groveton

Girls- 1:00 Boys- 2:30

Feb. 8: **HOME** vs. Pitts./Can.

Girls- 5:30 Boys- 7:00

Feb. 10: **HOME** vs. Gorham

Girls- 5:30 Boys- 7:00

Feb. 12: **AWAY** vs. Profile

Bus: 3:20 Girls- 5:30 Boys- 7:00

Feb. 15: **AWAY** vs. Lin-Wood

Bus: 2:40 Girls- 5:00 Boys- 6:30