



# The Signal

Vol. 1, No. 5

Colebrook Academy

January 19, 2015

## Art Students Complete New Memorial

-by Dylan Smith

Just recently, students from Mrs. Johnson's art class, Lindsay Nadig, Sierra Malcolm, Jessica Judd, and Haley Belanger, completed a memorial to Miranda Sweat, who passed away suddenly in 2013. She was an amazing teacher and friend both to those who needed help and those who did not. The bench next to the Colebrook Elementary School Office was the first memorial created for her when she first passed. The sunflowers (her favorite flower) were painted on the office wall of the Colebrook Elementary School as a further remembrance. Those who walk past can admire the sights of these wonderful things and remember Miranda, how she helped so many people grow and succeed. Her death has been difficult for many; she was the kind of person who loved all those who respected her. She is greatly missed by many at both Colebrook Academy and Colebrook Elementary School.



Completed mural outside CES office (Photo Credit: Dylan Smith)

## Free Money for College: FAFSA Explained

-by Kensley Hammond

In applying to and paying for college, many students and parents will complete a form called FAFSA, or Free Application for Federal Student Aid. For most colleges this is due by the first of February and it helps determine how much financial aid a student is given by the college they are attending and by the federal government.

These forms require financial information from both the student and the parents, including the student's social security number (SSN), their parents SSN, most recent tax return information, W-2s, and other information regarding money both the student and their parents have earned. Since tax returns may not be done in time for the deadlines that some colleges set, applicants are allowed to use tax returns from the previous year, adjusted accordingly. Once the current year's tax returns are filed, the FAFSA will have to be amended, but it does not typically affect the amount of financial aid, unless the information provided is incorrect or inaccurate.

The information that is provided on the FAFSA will be used by both the college and the government to decide how much and what type of aid the applicant receives. There are several types of aid available: student loans, grants, work-study, and scholarships. Loans must be paid back, and also charge interest. Grants and scholarships award money based on meeting specific criteria. As long as those criteria are met, the money does not have to be paid back. Work-study programs are programs where stu-

dents work for the college in return for the college paying a portion of the tuition. Some possible work-study programs include working for the admissions department, or even doing research for the college. There are many scholarships available, and students are urged to apply for as many as they fit the criteria for. In all, financial aid comes in many forms, and it's best to use the FAFSA as a way to help pay for college.

## HOT LUNCH

### Jan. 19 - Jan. 23

Mon.: Pizza Burger  
Tues.: Mac & Cheese  
Weds.: Cheese Calzone  
Thurs.: Nachos Supreme  
Fri.: General Tso's Chicken

### Jan. 26 - Jan. 30

Mon.: Chicken Nuggets  
Tues.: Spaghetti  
Weds.: Cheesy Breadsticks  
Thurs.: Turkey Blaster Sandwich  
Fri.: Chicken Chili Nacho Chips w/Layered Dip (Salsa, Sour Cream, Topped with Lettuce and Tomato)

## Upcoming Meetings

Jan. 19: Quiz Bowl, 6 p.m.,  
Ms. Gaeb's Room  
Jan. 20: TSA, 3-4 p.m., Tech  
Building  
Jan. 20: School Board, CES  
Library  
Jan. 21: Key Club, 7 p.m., CA  
Cafeteria  
Jan. 23: Quiz Bowl, 3 p.m.,  
Ms. Gaeb's Room

## The Purpose of Penny Wars

-by Elise Fuller

The World Language Club (WLC) at Colebrook Academy is sponsoring a fundraiser for The Leukemia and Lymphoma Society (LLS) in the form of a penny war. This is the fourth year that Colebrook Academy students and staff have participated. The LLS raises money to research blood cancer. They research cures and help provide treatments for patients, many of whom are school age or younger. The LLS also helps educate people about the disease.

As of Monday, January 12th, \$75.21 had been raised by Colebrook Academy students, with the seniors currently leading. The goal is \$100 and the school is close. To encourage donations, the WLC have added another initiative. The class that raises has the highest amount will receive an off-campus lunch. Also, if one class raises \$50, the school will be entered to win an iPad.

For each class, a jar is designated in the office, and students are asked to bring in spare change. All coins count towards a class's total, while paper money subtracts from the total. Please be aware that Canadian currency cannot be counted.

This fundraiser will be running until January 23. After the fundraiser ends, there is always the option to donate online. If you wish to donate to The Leukemia and Lymphoma Society or just learn more about what they do, visit their website at [www.lls.org](http://www.lls.org).

## Spotlight: Astronomy Club

-by Austin Prusik

If you never tried joining a school club before, Mr. Reeves's Astronomy Club is a good place to start. The schedule tends to be flexible for everyone, and it doesn't require a lot of time outside club meetings, if any. Astronomy Club lets students have fun and learn about the universe.

Every month or so, Mr. Reeves schedules an astronomy meeting, and if the weather is good, we travel to Mr. Bond's house to look at the stars, learn constellations, and eat Bond Bread. If it's too cold, or cloudy, we will watch a documentary in Mr. Reeves's room, such as an episode of *Morgan Freeman's: Through the Wormhole*, or Carl Sagan's *Cosmos*.

The Astronomy Club started when Mr. Reeves came to Colebrook Academy, and throughout the years, it has collected several telescopes from Mr. Reeves's

own collection and from donations. In the past, the Astronomy Club has also had guest speakers and taken visits to the Fairbanks Museum and Planetarium in St. Johnsbury, Vermont.

The Astronomy Club is open to all, so anyone can join at any time. If you feel like trying out a club, but don't have a lot of time to dedicate on a regular basis, go to an Astronomy Club meeting, and you might find it worth your time.

### Upcoming Meetings,

(cont'd)

- Jan. 26: Quiz Bowl, 6 p.m.,  
Ms. Gaeb's Room
- Jan. 27: TSA, 3-4 p.m., Tech  
Building
- Jan. 28: Key Club, 7 p.m., CA  
Cafeteria
- Jan. 30: Quiz Bowl, 3 p.m.,  
Ms. Gaeb's Room

### The Puzzler

#### Solution to Last Issue's Puzzle:

The puzzler from last issue had you trying to find out the number system of a parking lot. The solution is quite simple when you look at it: The man was walking on the side of the lot that made it look like the numbers were upside down, if he was on the other side, (you flip the numbers over) you will get 86, the car (87), 88, 89, 90, then 91.

#### This Issue's Puzzle:

This puzzle is a bit different from the ones we have had in the past. It relies on a process known as lateral thinking ("solving problems through an indirect and creative approach, using reasoning that is not immediately obvious and involving ideas that may not be obtainable by using only traditional step-by-step logic" according to wikipedia). Depending how you approach this problem, you may get it right away, or you may find yourself stumped. In either case, the answer is rather simple, and you'll know when you find it.

**Five pieces of coal, a carrot, and a scarf are lying on a lawn. No one put them there, but there is a perfectly logical reason why they are. Can you find it?**

Good luck! Make sure to check back next issue to see if you got it right!

### Healthy Spinach Artichoke Dip -contributed by Elise Fuller

Recipe by Olivia Ku

This recipe is simple and involves just five ingredients. It's great for parties. A lot of people who don't like spinach or artichokes love this dip. It can be served with bread or chips. Both vegetables contain Vitamin C and are beneficial to the health.

#### Ingredients:

- 3 cups of baby spinach
- 1.5 cups of artichoke hearts
- 1-2 cups of cheese
- 1/2 cup of nonfat plain Greek yogurt
- 1/2 tbsp of minced garlic
- sea salt + pepper to taste

#### Instructions

1. Preheat your oven to 350°F.
2. Combine the spinach, artichoke hearts, and minced garlic in a food processor or blender. Pulse for a longer time if you like it creamy or for a shorter time if you like it chunky.
3. Move to a bowl and fold the yogurt and cheese into the spinach mix. Leave some of the top when baking.
4. Add salt and pepper according to your own taste.
5. Put the dip into a baking dish and top with the rest of the cheese.
6. Bake for about 20 minutes or until the cheese is melted and a crust is forming.
7. Leave to cool for a few minutes and serve warm.
8. Enjoy!

## The Signal

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### Mohawks' Basketball

**Jan 19:** Varsity Girls & Boys, **HOME** vs. Woodsville  
5:30pm-8:30pm

**Jan 20:** Junior Varsity Girls & Boys, **AWAY** vs. Gorham  
5:00pm-8:00pm (bus leaves @5:00pm)

**Jan 21:** Junior Varsity Girls & Boys, **AWAY** vs. Littleton  
4:30pm-7:30pm (bus leaves @2:40pm)

**Jan 23:** Varsity Girls & Boys, **HOME** vs. Groveton  
5:30pm-8:30pm

**Jan 27:** Varsity Girls & Boys, **AWAY** vs. Lin-Wood  
5:00pm-8:00pm (bus leaves @2:30pm)

**Jan 30:** Varsity Girls & Boys, **HOME** vs. Gorham  
5:30pm-8:30pm